

THE TREATMENT SKIN BOUTIQUE

Thank you for visiting us at The Treatment.
We look forward to seeing you again!

Post-Microneedling Treatment Instructions

- Do not use aggressive products (scrubs/exfoliants) for 48 hours after treatment and make sure to wear sun protection (The Treatment "On The Daily SPF 45" is ideal or SkinCeuticals "Sheer Physical UV Defense").
- Clean your face with a gentle cleanser only for the next 7 days.
- Redness or sensitivity might be present (and last up to a few days) after Microneedling.
- Tylenol only as needed for any soreness.
- Peeling may start 3-5 days after Microneedling.
- Do not pick or scratch at treated skin but instead keep hydrated.
- Avoid strenuous exercise or sweating for 24 hours after Microneedling.
- May use cool compresses after peel if excessive discomfort, burning, redness, or swelling.
- May use makeup after 24 hours.
- Restart regular skin care regimen in 48 hours and Retin-A in 72 hours.
- Recommend follow up and repeat treatments in 4 weeks.
- For best results we recommend a series of 5 treatments.

Day 1

On the next day, you may clean your face as usual and apply makeup, lotions and other topical products as usual. Stay away from exfoliants or glycolic acids that are present in cleansers as these can make your skin very dry after the procedure. Be sure to use an approved Physical sunscreen!

Days 2 – 7

Within two (2) days following your Microneedling procedure, you will notice skin dryness and flaking. This is due to an increased turnover of skin cells. During this period, you may apply a hydrating cream such as "Treat Me Kind" Hydrating Cream by The Treatment or Epidermal Repair by SkinCeuticals. Days later, your skin will shed

and be dry. You may use your regular skin care products once your skin is not irritated.

Days 7+

A week after the microneedling procedure, most patients notice that their skin is smoother and more radiant. Continue with sun protection every day and reapply every 2 hours if outdoors.

If you have any questions or concerns, please do not hesitate to reach out by calling us (909) 625-7546 or emailing hello@getthetreatment.com.

To get even better results after your treatment and upgrade your at-home skin care regiment visit <https://shop.getthetreatment.com/>