



Thank you for visiting us at The Treatment. We look forward to seeing you again!

Post-PRFM Injection Treatment Instructions

- Icing area with an ice pack is OK, it is best you use the ice pack we provide for you. It is re-freezable. Do not use ice cubes directly on the skin. Skin should not get wet from the ice pack.
- Avoid exercise or strenuous activities for the remainder of the treatment day; anything that would increase your heart rate. You may resume other normal activities/routines immediately.
- You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort.
- Wait a minimum of TWO weeks (or as directed by your provider) before receiving any skincare or laser treatments.
- Bruising will generally fade in 7-14 days.

Nothing should be applied to the skin for the rest of the day. This includes but not limited to:

- Lotion
- Sunscreen
- Powder
- Any Make-up

For PRFM Hair Restoration Injections, you may wash your hair 6 hours after your treatment. Your scalp may feel tender and you may experience a slight headache, that is normal.

Allow a full 10-14 days for areas of injections to fully settle and heal.

Please let us know if you have any questions or concerns prior to your appointment.

Claremont (909) 625-7546

Newport Beach (949) 468-2905

Email Us hello@getthetreatment.com

To get even better results after your treatment and upgrade your at-home skin care regiment visit

<https://shop.getthetreatment.com/>