



Thank you for booking with us at The Treatment. We look forward to seeing you!

Pre-Microneedling with PRFM Treatment Instructions

- Avoid Accutane for at least 6 months.
- Avoid retinoids, topical antibiotics, exfoliants, hydroquinone, sunburn, and benzoyl peroxide 3 days prior to procedure.
- Avoid IPL/Laser procedures 7 days prior.
- No waxing, depilatory creams or electrolysis 5-7 days prior to the procedure.
- No shaving the day of the procedure.
- On the day of your Treatment: if you have any active cold sores, herpes simplex, or warts in the area to be treated, open sores, sunburned, or excessively sensitive skin within the application area, pregnancy, dermatitis or inflammatory rosacea, we may need to reschedule your appointment.
- Do not take any anti-inflammatory medications such as ibuprofen, Motrin or Advil. (These agents will interfere with the natural inflammatory process that is critical and responsible for your skin rejuvenation)
- Avoid sun tanning (ALWAYS!!) and prolonged exposure to direct sunlight, never leave home without sun protection.
- Make sure you come to your appointment well HYDRATED and having had a nutritious meal. Your PRFM is only as healthy as your food/drink choices.

Please let us know if you have any questions or concerns prior to your appointment.

Claremont (909) 625-7546

Newport Beach (949) 468-2905

Email Us hello@getthetreatment.com

To get even better results after your treatment and upgrade your at-home skin care regiment visit

<https://shop.getthetreatment.com/>