



Thank you for booking with us at The Treatment. We look forward to seeing you!

## **Pre-Sculptra Treatment Instructions**

- Inform our office if you have a history of cold sores to receive advice on anti-viral therapy prior to treatment.
- Avoid dental work (including standard teeth cleaning) at least 2 weeks prior to treatment and 2 weeks following treatment. Avoid oral surgery at least 4 weeks prior to treatment and one month following treatment.
- 7 DAYS BEFORE treatment (to prevent bruising): AVOID blood thinning over-the-counter medications such as Aspirin, Motrin, Ibuprofen, and Aleve. Also avoid herbal supplements, such as Garlic, Vitamin E, Ginkgo Biloba, St. John's Wort, and Omega-3 capsules.
- Do not drink alcoholic beverages 24 hours before (or after) your treatment to avoid extra bruising.
- Do not use Dermal Fillers if you are pregnant or breastfeeding, are allergic to any of its ingredients, or suffer from any neurological disorders. Please inform your provider if you have any questions about this prior to the treatment.

### ***Day of Treatment***

- Arrive at the office with a "clean face". Please do not wear makeup, but if you must, we will ask you to cleanse your face prior to the treatment.
- To maximize your comfort during the procedure, a topical anesthetic may be applied.
- You may experience a mild amount of tenderness or a stinging sensation following injection.
- Redness and swelling are normal. Some bruising may also be visible.
- You may experience some tenderness at the treatment site(s) that can last for a few hours or a few days.
- You may have bruises in the areas treated immediately after treatment.
- You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort immediately after treatment.
- Redness and swelling are normal. Bruising may also be visible and can last 7-10 days.
- You may experience some tenderness at the treatment site(s) that can last for a few hours or a few days.
- Depending upon the area(s) treated and product(s) used, you may feel "firmness" in the treated area(s) for 1 to 2 weeks after treatment. Over time, the area(s) will soften and "settle".

Please let us know if you have any questions or concerns prior to your appointment.

Claremont (909) 625-7546

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Email Us [hello@getthetreatment.com](mailto:hello@getthetreatment.com)

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