



Thank you for visiting us at The Treatment.
We look forward to seeing you again!

Post-Cosmelan Treatment Instructions

- Always avoid sun exposure as much as possible, wear a hat, re-apply sunscreen (make this your mantra!).
- Do NOT get another treatment or procedure (including peels, facials, or microdermabrasion) on the treated area for 30 days following.
- While maintaining on Cosmelan 2, discontinue its use for 5 days prior to waxing, and do not restart treatment until 3 days after waxing. Threading can be done normally.

Day 1

Wash off mask at designated time given by provider with gentle cleanser and water.
Apply Melan Recovery lotion to treatment area overnight.

Day 2

Apply Melan Recovery lotion
Then apply Mesoprotech sunscreen during the day.

Day 3 - 30

Cleanse first with gentle cleanser, then Start Cosmelan 2, apply in morning and evening. Apply Melan Recovery lotion 15 minutes after Cosmelan, then Apply sunscreen last (SPF in the morning only).
Schedule your 1 month follow up treatment to be done in office. DO NOT pick or peel your skin while it comes off, it may lead to scarring and worsening pigmentation.

Month 2 +

Cleanse first with gentle cleanser in the morning then apply Melan Recovery lotion followed by sunscreen.

At night, cleanse skin with gentle cleanser then apply Cosmelan 2 at night 3x/week. Apply Melan Recovery lotion 15 minutes after Cosmelan 2. Continue this until you run out of Cosmelan 2.

If you have any questions or concerns, please do not hesitate to reach out by calling us (909) 625-7546 or emailing hello@getthetreatment.com

To get even better results after your treatment and upgrade your at-home skin care regiment visit <https://shop.getthetreatment.com/>

Cosmelan Timeline

DAY 0: Cosmelan 1 peel for 8-10 hours. Afterwards, wash your face with a gentle cleanser and Luke-warmwater, you can apply melan recovery lotion tonight.

DAYS 1 & 2



DAY 3



DAYS 4-36**



**Do your second application of your Cosmelan 1 peel 4 weeks after your initial peel application, the same way as initial application. Give your skin a couple days break from cosmelan 2 (follow application instructions for Days 1&2) then restart your Cosmelan 2 at night time until you run out.

DAYS 36+***

3x/week minimum



All other days

