



Thank you for visiting us at The Treatment.
We look forward to seeing you again!

Post-Filler Treatment Instructions

- Icing area with an ice pack is OK, it is best you use the ice pack we provide for you. It is re-freezable. Do not use ice cubes directly on the skin. Skin should not get wet from the ice pack.
- Avoid exercise or strenuous activities for the remainder of the treatment day; anything that would increase your heart rate. You may resume other normal activities/routines immediately.
- You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort.
- Wait a minimum of TWO weeks (or as directed by your provider) before receiving any skincare or laser treatments.
- Bruising will generally fade in 7-10 days.

Nothing should be applied to the skin for the rest of the day. This includes but not limited to:

- Lotion
- Sunscreen
- Powder
- Any Make-up
- Lipstick
- Chapstick
- Gloss

Allow a full 14 days for filler to fully settle and heal.

If you have any questions or concerns, please do not hesitate to reach out by calling us (909) 625-7546 or emailing hello@getthetreatment.com.

To get even better results after your treatment and upgrade your at-home skin care regiment visit <https://shop.getthetreatment.com/>