



Thank you for booking with us at The Treatment. We look forward to seeing you!

Pre-BBL/IPL/Moxi Treatment Instructions

Please arrive to your appointment with a cleansed face, without makeup, SPF is OK. For best results and to reduce the risk of complications, it is recommended to follow instructions below prior to your treatment:

1. It is imperative to protect the treated skin from the sun for a full 2-4 weeks prior to BBL or laser skin treatments as well as 4 weeks after. This is best accomplished by the use of SPF 30 sunscreen daily (preferably containing titanium dioxide or zinc oxide) and a hat worn during times of greater exposure to the sun's rays. Any tan or "color" from the sun can cause adverse side effects like burns which could lead to undesirable and potentially permanent outcomes.
2. Artificial tanners (spray tans, gradual tanners, sunless tanner, etc) must be stopped 2 weeks before your treatment on your face and 3 weeks before any body treatments.
3. If your provider has provided you with numbing cream to apply, we will note this in your chart and you are expected to apply your numbing cream approximately 30 minutes before treatment. If you were not provided with numbing cream, we will apply in office if needed. This will be discussed with your provider.
4. Discontinue aspirin for 10 days prior to an IPL treatment. Discontinue ibuprofen (Advil, Motrin) and Vitamin E capsules 5 days prior to the procedure. Using aspirin or ibuprofen during the week before treatment may lead to increased redness or bruising and failure for redness and capillaries to resolve with treatment. If you are using aspirin under the direction of another medical provider, please discuss with him/her prior to stopping medication.
5. Do not use retinol, Retin A (tretinoin), adapalene, retinoic acid, or glycolic acid products 5 days before treatment.
6. Avoid any chemical peels for 2 weeks prior to treatment.
7. If you are prone to cold sores, let your provider know and they will call in a medication to prevent a new onset of cold sores after treatment.
8. If anything changes in your medical history, please alert your provider prior to your scheduled appointment.

If you have any questions or concerns, please do not hesitate to reach out by calling us (909) 625-7546 or emailing hello@getthetreatment.com.

To get even better results after your treatment and upgrade your at-home skin care regiment visit <https://shop.getthetreatment.com/>