



Thank you for booking with us at The Treatment.  
We look forward to seeing you!

### Pre-Filler Treatment Instructions

- Avoid dental work (including standard teeth cleaning) at least two weeks prior to treatment and two weeks following treatment. Avoid oral surgery at least four weeks prior to treatment and one month following treatment.
- Avoid vaccines at least two weeks before AND after treatment.
- Please reschedule your filler appointment if you have any active infections for at least two weeks after all symptoms have cleared. Example of infections include but not limited to: upper respiratory infection, sinus infection, stomach bug, UTI, etc.
- If you are taking antibiotics for an infection, please wait two weeks after last dose of antibiotics for your filler appointment.
- Please plan travel accordingly. We recommend waiting at least 2 weeks prior to any travel. Please talk to your provider if you have any major events coming up prior to your filler treatment.
- Inform our office if you have a history of cold sores to receive advice on antiviral therapy prior to treatment.
- Seven days before treatment to prevent bruising, avoid blood thinning over the counter medications such as aspirin, Motrin, Ibuprofen and Aleve. Also avoid herbal supplements such as garlic, vitamin E, Ginko biloba, St. John's wart, and omega-3 capsules. If you are on prescription or over-the-counter blood thinning medications for a medical condition, please do not stop without consulting with your prescribing provider.
- Do not drink alcoholic beverages 24-hours before or after your treatment to avoid extra bruising.
- Do not use dermal fillers if you are pregnant or breastfeeding, are allergic to any of its ingredients, or suffer from any neurological disorders. Please inform your provider if you have any questions about this prior to the treatment.

### **Day of Treatment:**

- Please arrive to the office with a clean face. Please do not wear makeup, but if you must, we will ask you to cleanse your face prior to the treatment.
- To maximize your comfort during the procedure, a topical anesthetic may be applied.
- You may experience a mild amount of tenderness or stinging sensation following injection, which can last for a few hours or a few days.
- Redness and swelling are normal, some bruising may also be visible and can last 7-10 days.
- You may take Tylenol if you experience any mild tenderness or discomfort immediately after treatment.
- Depending upon the area(s) treated and product(s) used, you may feel "firmness" in the treated area(s) for 1-2 weeks after treatment. Over time, the area(s) will soften and "settle."

If you have any questions or concerns, please do not hesitate to reach out by calling us (844)344-7546 or emailing [hello@getthetreatment.com](mailto:hello@getthetreatment.com).

To get even better results after your treatment and upgrade your at-home skin care regiment visit <https://shop.getthetreatment.com/>